



Breakthrough discoveries in the integration of eastern and western medicine have shown us that we can attain real time feedback from the body. By testing the strength of the muscles which are powered by the energetic pathways within the body we can access this information immediately. This testing; described as "**Kinesiology**", opens up a whole new approach to working with the whole person.

By having immediate feedback from the body, the **K-Power**® practitioner has powerful tools at their disposal to create balance within the body. Once structural, emotional and nutritional balance is attained, the natural healing energies of the body are free to work unimpeded.

K-Power® classes bring these amazing techniques in a condensed, targeted format to healthcare providers and laypersons alike.

K-Power® Global Health and Fitness, in association with PKP International, is pleased to announce the launch of Dr Bruce and Joan Dewe's **K-Power**® workshop series. After several years of writing, editing and running test-workshops, the **K-Power**® series is now available.

K-power® For Manual Therapists Series

This is a series of Professional Development Workshops for manual therapists and body workers, who want some kinesiology muscle testing knowledge to apply to their own specialty. Whether you are a chiropractor, osteopath, physical/occupational/massage therapist, or athletic trainer, the **K-Power**® for Manual Therapists series will teach you powerful tools that you can use immediately in practice.

Currently, there are six **K-Power**® Workshops for manual therapists and body workers with more under development.

K-Power® Workshops for Manual Therapists

- 5-Element Fundamentals & Muscle Testing Basics (for Manual Therapists)
- Core Muscles and Techniques for Strength & Stability
- The Shoulder/Arm Protocol
- The Elbow, Wrist and Hand Protocol
- The Hip/Thigh Protocol
- The Knee, Ankle and Foot Protocol

To schedule an appointment, or register for a class, call:

Charles West, LMT
K-Power® Instructor/Practitioner

MASSAGEWORKS

bodywork for balance

(865) 694-3144

www.MassageWorksTN.com

K-power® Stress Management & Instinctual Behavioral Series

Stress levels are at all time highs. Whether you are a psychologist, counselor, therapist, pastor or layperson you are aware of the damaging effects of emotional stress.

K-Power® Stress Management Series teaches holistic energy techniques to quickly get to the core issues. Using **K-Power**® techniques you learn to unveil these cores issues in minutes rather than days, weeks or months. You will learn several different approaches to stress management, because no single technique works for everybody all the time.

K-Power® Stress Management Series

- Stress Release Made Easy
- 5 Element Fundamentals & Muscle Testing Basics (for Energy Therapists)
- Mastery of Emotional Stress Release
- Overcoming Co-Dependency

K-Power® Personology - Instinctual Behavior Series

- Your Face is Talking to Me
 - Your Face is Talking to Me Again
- Personology is not about judging the looks or behaviors of others but rather understanding the uniqueness of everyone's personality and its expression. It is a science, based on inherited traits handed down from our parents and ancestors, that reveals how the structure of our bodies exerts a powerful influence on our behavior.

Other K-Power® Workshops

- Tibetan Energy and Vitality
- New Perceptions in Life and Living